

NM GASTRIC EMPTYING

- Nothing to eat or drink 6 hours prior to exam.
- No smoking for at least 12 hours prior to exam. No nicotine gum or patch for at least 12 hours prior to exam.
- No laxatives for 48 hours prior to exam.
- No narcotic medications for 48 hours prior to exam.
- No sedatives or tranquilizers for 48 hours prior to exam.
- No prokinetic/stomach medications for 48 hours prior to exam, especially: Reglan (metoclopramide), Zelnorm (tegaserod), Motilium (domperidone), Erythromycin
- No antispasmodic/ stomach medications for 48 hours prior to exam, especially: Bentyl, Donnatal, Levsin, Robinul, etc.
- No atropine, nifedipine, progesterone, octrotide, theophylline, benzodiazepine, or phentolamine for 48 hours prior to exam.
- Diabetics need to bring their glucose monitor and medication (insulin) with them.
- Oral hypoglycemia/ low blood sugar medications need to be brought with them.
- No barium exams 72 hours prior.
- Pre-menopausal women should ideally be during the first 10 days of their menstrual cycle.