

Your procedure will be at Metro Village HealthPark Building, 2093 Health Drive Suite 101, Wyoming, MI. 49519.

You have been scheduled for a capsule endoscopy on ***. Please arrive at 8:25am.

Note: The doors will still be locked at this time, please wait outside the doors for someone to let you in.

You will need to return to the office at approximately 4:30pm to return the equipment.

Please call 616.828.5727 with any questions related to the test or its instructions.

PLEASE CAREFULLY READ THIS INFORMATION AT LEAST 2 DAYS PRIOR TO SCHEDULED PROCEDURE

PREPARATION FOR SMALL BOWEL CAPSULE ENDOSCOPY

Your physician has determined that, as a part of your medical evaluation, you should undergo an examination known as SB capsule endoscopy. This procedure involves ingesting a small (size of a large vitamin pill) PillCam SB capsule, which will pass naturally through your digestive system, while taking pictures of the intestine. The images are transmitted to the SensorArray which is placed on your abdomen. The SensorArray is attached to a walkman-like data recorder, which saves all the images. It is located in the recorder belt, which is worn around your waist. After 8 hours, you will return to your physician and have the recorder belt removed for processing. The PillCam SB capsule is disposable and will be excreted naturally in your bowel movement. In the rare case it does not excrete naturally, it will need to be removed endoscopically or surgically. In order for your physician to get the most accurate information from this examination you will need to follow the instructions below:

Day Prior to Procedure

1. Start on a clear liquid diet from breakfast on. Fluids are considered clear only if they can be seen through when held up to a light. The following are allowed: Jell-O, popsicles, coffee (no cream), tea, beef or chicken broth, and any juices or pops you can see through. Do not consume anything red or purple since that can mimic blood and may affect test results.
2. Obtain Nulytely or Golytely from your pharmacy. A prescription is enclosed.
3. At **5:00 PM**, begin taking the Nulytely. Drink one 8-10 oz. Glass every 15-20 minutes until you have drunk half of the prep (approximately 4 glasses). Discard the rest of the prep and continue with your clear liquids.
4. **Discontinue all oral intakes at 10 PM the night before the test except for small sips of water with medication.**
5. Abstain from smoking 24 hours prior to undergoing SB capsule endoscopy.
6. **Do not take any medications beginning 2 hours before having SB capsule endoscopy.**

Day of Capsule Endoscopy

1. Males will need to shave their abdomen 6 inches above and below the navel on the day of the test. If it is difficult for you to shave your abdomen, please contact our office to arrange to have this done in advance.
2. Wear loose fitting, two-piece clothing.
3. You will need to arrive at 8:25am to be checked in and informed consent signed. After that, the SensoryArray will be applied to your abdomen with adhesive pads and will be connected to the Data Recorder which you will wear in a belt around your waist. Then you will be instructed to ingest the PillCam SB capsule.

After ingesting the PillCam SB capsule

1. After ingesting the PillCam SB capsule, **do not eat or drink for at least 2 hours.** After 2 hours you may have clear liquids (still avoiding red or purple). After 4 hours you may have a light lunch or snack (avoiding red or purple). After the examination is completed you may return to your normal diet. Contact your physician immediately if you suffer from any abdominal pain, nausea, or vomiting during the SB capsule endoscopy.
2. After ingesting the PillCam SB capsule, and until it is excreted, you should not be near any source of powerful electromagnetic fields such as one created near an MRI device or amateur (ham) radio. Also avoid dental x-rays.
3. Occasionally, some images may be lost due to radio interference (e.g. from amateur radio transmitter, MRI, etc.). On rare occasions this may result in the need to repeat the SB Capsule Endoscopy examination.
4. SB capsule endoscopy lasts approximately 8 hours. Do not disconnect the equipment or remove the belt at any time during this period. Since the Data Recorder is actually a small computer, it should be treated with utmost care and protection. Avoid sudden movement and banging of the Data Recorder.
5. During SB capsule endoscopy, you will need to verify every 15 minutes that the small light on top of the Data Recorder is blinking twice per second. If, for some reason it stops blinking at this rate, record the time and contact your physician.
6. Avoid any strenuous physical activity, especially if it involves sweating, and do not bend over or stoop during the capsule endoscopy.