

Your procedure will be at **East Valley Endoscopy, 1179 East Paris Ave S.E. Suite 200, Grand Rapids, MI 49546.** (This is also the office of Gastroenterology Specialists/Dr. Papp Jr. This is not Dr. Serini's office on Health Drive in Wyoming.)

You have been scheduled for a (n) on with Dr. Serini.

Please arrive at a (n) procedure time.

Please note there may be last minute changes in your arrival time due to unforeseen circumstances in the provider's schedule. Our office will contact you prior to your procedure to notify you if your time has changed

Please complete the registration paperwork enclosed and bring it with you to your procedure appointment along with your insurance card(s), picture ID and medication list.

Medication Notes:

Coumadin, Plavix, Pradaxa, Xarelto, Eliquis, Brilinta, Effient, Persantine, Pletal and Aggrenox must be discontinued 5-7 days prior to your procedure.

Although endoscopy can be preformed if a patient is on aspirin, aspirin products, or NSAIDS (Motrin, Voltaren, Naporsyn, Advil, Ibuprofen etc.), we recommend that they be discontinued to decrease the risk of bleeding. **Please contact your Primary Physician or Cardiologist before stopping these or any medications.**

Medications allowed the morning of the procedure are blood pressure, heart, seizure and breathing medications. If you are on inhalers, PLEASE bring them with you. If you are diabetic please contact your Primary Physician for instructions or changes with your diabetes medications.

Please contact our office prior to your scheduled procedure if you have any of the following:

- If you are allergic to or cannot take Fentanyl or Versed
- If you have had any new cardiac symptoms, or any unresolved cardiac issues within the last 3 months
- If you are on continuous oxygen
- If you are wheelchair bound, or your mobility is reduced requiring additional assistance

You will be at the endoscopy unit an estimated 2-3 hours from arrival. You will not be able to drive after the procedure due to the sedation, so you will need a driver. You will not be able to do anything that requires full mental alertness for 24 hours after procedure. Your driver must remain in the waiting area during the procedure.

IMPORTANT:

WE CANNOT AFFORD TO HAVE ANY LATE CANCELLATIONS OR MISSED APPOINTMENTS IN OUR DAY. YOU MAY BE CHARGED A FEE AND/OR BE UNABLE TO RESCHEDULE IF YOU FAIL TO CANCEL 1 BUSINESS DAY PRIOR OR MISS YOUR PROCEDURE.

Please call our office to confirm, cancel, or reschedule your procedure at least 3 business days prior to the appointment or if you have any questions concerning the above information at (616) 828-5727. **If you fail to confirm by 12:00pm 2 business days prior to your procedure your procedure will be cancelled.**

IT IS THE PATIENT'S RESPONSIBILITY TO CHECK HIS/HER INSURANCE FOR BENEFIT COVERAGE PRIOR TO THE PROCEDURE

PLEASE DO THE BEST YOU CAN IN PREPARATION FOR YOUR FLEXIBLE SIGMOIDOSCOPY. PLEASE **DO NOT** CALL THE DOCTOR AFTER HOURS UNLESS IT IS AN EMERGENCY.

Visit our website: www.giconstultgr.com for additional information and FAQ's.

PLEASE CAREFULLY READ THIS INFORMATION AT LEAST 2 DAYS PRIOR TO YOUR SCHEDULED PROCEDURE

PREPARATION FOR FLEXIBLE SIGMOIDOSCOPY

3-5 DAYS PRIOR TO THE PROCEDURE

You will need 2 fleet enemas. These can be purchased at any pharmacy. A prescription is not necessary.

DAY OF PROCEDURE

No solid foods after midnight. You may have clear liquids up to 4 hours prior to the procedure. Fluids are considered clear if they can be seen through when held up to a light. Examples: Jell-O, popsicles, coffee (no cream), chicken and beef broth, clear juices or pops. Do not consume anything red or purple since that can mimic blood and may affect test results.

Four hours prior to your procedure: Discontinue all liquids.

1 to 2 hours before leaving for your procedure: Administer both Fleet enemas.

If you are being sedated, you will require a driver to remain in the waiting area during your procedure.

If you have any questions, please contact our office at (616)828-5727.